



available weekdays 8.30am-3pm, weekends 8am-4pm. Snacks in between times. dinner menu available from 5.30pm.

## STARTERS

<b>garlic and parmesan flatbread or cumin and rock salt flatbread</b>	11
<b>breads and spreads</b>	15
fresh breads served with various spreads, brie, olives	
<b>salt style prawn tempura</b>	
tempura prawns wrapped in filo pastry	18

## BOWLS

<b>soup of the day</b>	
please ask our staff for today's flavour with toast	12

### fresh fruit salad

fresh fruit with thickened yoghurt	8
<b>ADD homemade granola, muesli</b>	12

### smoked chicken salad

marinated feta, roasted peanuts, tomatoes on mixed salad leaves and dressed with a vinaigrette	18.50
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### asian spiced grilled salmon salad

grilled salmon with five spice, vermicelli noodles with salad greens, dressed with our own thai style vinaigrette	18.50
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### salt style carbonara

ham, mushroom, onion, pasta with our own creamy sauce	18.50
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## PLATES

### french toast

our own eggy bread with cinnamon and icing sugar	10
fruit salad or banana	add 3.5
bacon	add 4

### three egg omelette

with your choice of three fillings: cheese, mushroom, tomato, onion, bacon, ham	18.50
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### eggs benedict on ciabatta

2 poached eggs on slices of ciabatta topped with hollandaise and your choice of bacon	17.50
<b>OR</b> grilled salmon <b>OR</b> mushroom & spinach	17.50
<b>ADD</b> side salad	2

### twice cooked pork belly

slow cooked then lightly fried pork belly, tonkatsu & mayo sauce with steamed rice & garden salad	18.50
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### tatsutage

tender pieces of chicken marinated in soy sauce, ginger and sake, rolled in our own special coating and lightly fried, accompanied by a fresh garden salad	19.50
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### salt burgers,

#### choice of

<b>teriyaki beef burger with cheese, salad greens &amp; fries</b>	18
<b>OR Japanese vege burger with salad greens, beetroot, aioli, teriyaki sauce &amp; fries</b>	17
<b>OR tatsutage chicken with salad greens, mayo &amp; fries</b>	18

### salt stack

traditional bacon, eggs, hashbrowns, tomato and mushrooms stacked on homemade bread	18.5
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### Simple bacon, eggs & toast

	12
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### Chris's wedges, seasoned wedges topped with bacon, sour cream & cheese

	11
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## PIZZA (we have gluten free bases available) ½ \$1 extra , extra topping \$1

### aloha pizza

ham, pineapple and mozzarella	24
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### vege pizza

seasonal veges, mushrooms, onion, feta and sweet chilli sauce	26
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### combo pizza

salami, ham, olives, mushrooms, onion, <b>optional</b> sweet chilli sauce	26
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### smoked chicken pizza

smoked chicken, cranberry sauce, brie, mushroom, and onion	26
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### meat, meat, meat pizza

ham, bacon, salami, smoked chicken, mushrooms, <b>optional</b> bbq sauce	27
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**SIDES:** fries small \$4, large \$8. wedges small \$5.50, large \$11. bacon \$4. mushrooms \$3. eggs \$4. toast \$4  
hashbrowns \$4. tomato \$3.5. garden salad \$7. miso soup \$3. rice \$2.5. gluten free bread \$4.

**GOOD FOOD TAKES A LITTLE TIME**

# DRINKS MENU

## WINE

### WHITE

	GLASS	BOTTLE
<b>house wines &amp; low alcohol wine</b>	\$8.00	\$30.00
cider		\$7.50

### bubbly

lindauer	\$7.00	\$30.00
fete cuvee, mission estate winery	\$10.00	\$40.00

### chardonnay

oyster bay chardonnay	\$9.00	\$40.00
te mata chardonnay	\$9.00	\$40.00
chard farm chardonnay	\$9.50	\$42.00
mission reserve chardonnay	\$9.50	\$42.00
waipara springs reserve chardonnay	\$10.00	\$44.00

### sauvignon blanc

spy valley sauvignon blanc	\$9.00	\$40.00
mud house sauvignon blanc	\$9.00	\$40.00
oyster bay sauvignon blanc	\$9.00	\$40.00
chard farm sauvignon blanc	\$9.50	\$42.00

### aromatics

sherwood estate riesling	\$9.00	\$40.00
main divide riesling	\$9.50	\$42.00
maori point pinot gris	\$9.50	\$42.00
tresillian rose'	\$9.00	\$40.00

## RED WINE

### merlot/cabernet blends

lake chalice merlot	\$9.00	\$40.00
main divide merlot cabernet	\$9.00	\$40.00
mission reserve merlot cab	\$9.50	\$42.00
jim barry cabernet sauvignon	\$10.00	\$44.00

### shiraz

wynns coonawara estate shiraz	\$9.00	\$40.00
mission reserve syrah	\$10.00	\$44.00
ti point syrah	\$11.00	\$50.00

### pinot noir

peoples pinot noir	\$9.00	\$40.00
halo pinot noir	\$9.00	\$40.00
main divide pinot noir	\$10.00	\$44.00
maori point pinot noir	\$12.00	\$50.00
chard farm river run pinot noir		\$54.00

## SAKE

ozeki sake 150ml flask served hot		\$8.00
umsehu plum sake		\$8.00

## SPIRITS & LIQUORS

### spirits and liquors - served as doubles

standard		\$8.00
premium		\$8.50

## BEERS

export gold	\$6.50
speights	\$6.50
amstellight	\$7.50
monteiths range	\$7.50
heineken	\$7.50
stella artois	\$7.50
steinlager pure	\$7.50
corona	\$7.50
asahi superdry	\$7.50
peroni	\$7.50
monsoon pilsner or organic pilsner	\$7.50
monsoon strong pilsner	\$8.00
epic pale ale/epic lager	\$8.50
tuatara hefe	\$8.50
bitburger drive zero alcohol	\$7.50
guinness	\$8.50

## HOT DRINKS

### coffee

short black	\$4.00
long black	\$4.00
machiato	\$4.00
americano	\$4.00
flat white	\$4.50
cappuccino	\$4.50
hot chocolate	\$4.00
mochaccino	\$5.00
latte	\$5.00
chai latte	\$4.50
fluffy	\$1.00
extra shot of coffee	\$0.50
flavoured syrup	\$0.50

SOY MILK AND DECAFFEINATED COFFEE AVAILABLE \$0.50

### teas

english breakfast, earl grey	\$4.00
Japanese green tea, herbal tea	\$4.00

## COLD DRINKS

### juices

tomato, orange, pineapple, grapefruit, apple, cranberry	\$4.50
berry smoothie, feijoa smoothie	\$4.50
banana smoothie	\$5.50

### fizzy drinks

coke, diet coke, sprite	\$4.50
lemon, lime and bitters, ginger beer	\$4.50
iced chocolate	\$5.50
iced coffee	\$5.50